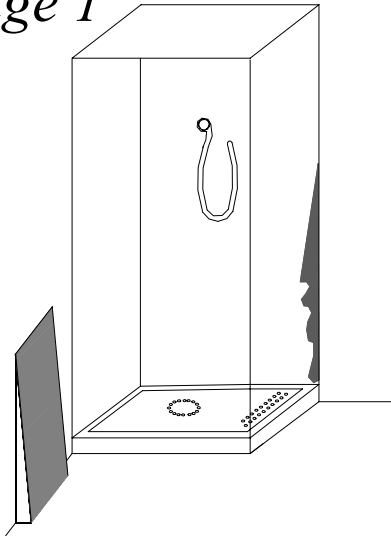
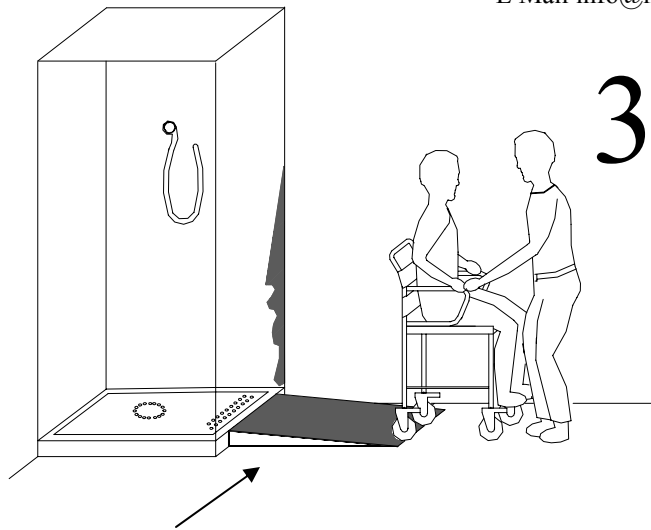


1



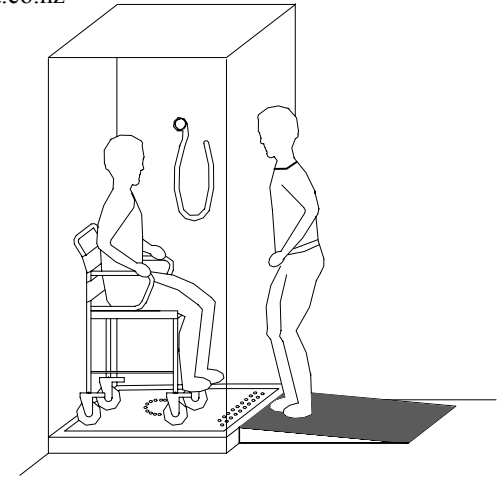
- Ensure the bathroom floor is dry and clear of obstacles.

2



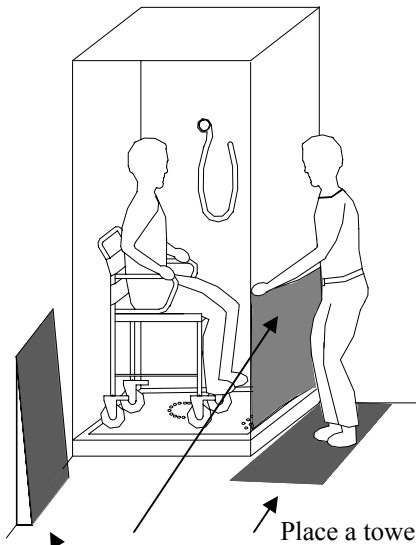
- Place the ramp in front of the shower threshold step.
Wheel the Shower Commode Chair to the base of the ramp.

3



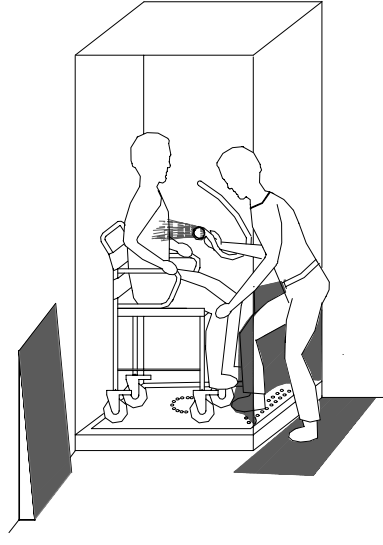
- Slowly and carefully push the Shower Commode chair up the ramp and into the shower box

4



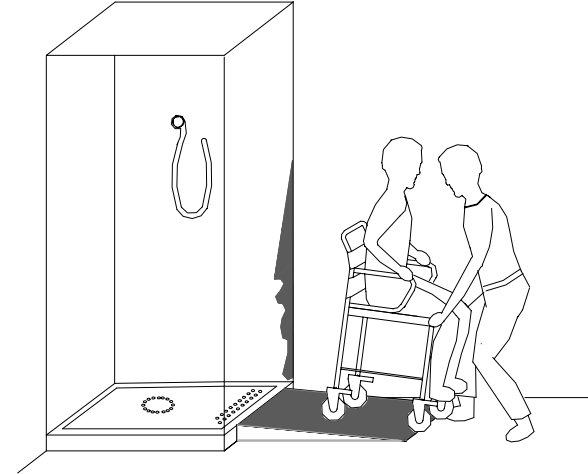
- Place a towel on the floor
- Place the Shower Half Curtain across the door opening.
- Lift the ramp and store it out of the way.

5



- Turn on the shower to start washing.
Take care to point the shower rose away from the shower opening.

6



- Dry the person in the shower
- Dry the floor in front of the shower and replace the ramp
- For best control grasp the Shower Commode chair as low as possible. Then Slowly and carefully move the Shower Commode chair down the ramp, taking extra care at the base of the ramp.
- Make sure the ramp is totally dry and store it on edge out of the way.
- Dry the bathroom floor with a towel each day.

Shower Half Curtain

Use of the Shower Half Curtain as per the “Safe User Instructions - page 1” will greatly minimize the overspray of water out of the shower when a care giver is showering a person and also when able bodied people are using the shower (Half curtain used in conjunction with full length curtain). Care must be taken to dry the floor and ramp before use.

Shower Size

The bigger the shower box the better. A shower box 850mm deep x 750mm wide or wider is ideal for larger people. Smaller people and children are able to use a shower box as small as 750 mm x 750 mm.

Shower Commode Chairs

Shower Commode chairs that have removable foot supports are essential in order to keep your clients feet within the shower box area.

A handrail that doesn't stick out at the rear of the Shower Commode Chair will enable the chair to be pushed as much as 100 mm further back into the shower box. This enables more room in the front of the shower box for showering. This can be essential with smaller shower boxes.

Tilt in space Shower Commode Chairs require additional depth in the shower box and depends on the tilt of the chair.

The Shower Insert might provide a solution for :

Showering a Child.

Helping a person who is unable to step up or step down into or over a Shower threshold step.

Enable a person in a Wheel Chair Shower Commode to access an existing standard shower box with the assistance of a care giver.

Because the Shower Insert is not fixed to the shower it might suit rented homes where permanent building alterations are not able to be done.

May not be suitable if :

An older person who is also the main care giver has insufficient strength to lift and drain the ramp.

There is insufficient room in front of the shower for ramped access or access in front of ramp.

Will the Shower Insert damage my shower tray?

Each Shower Insert is custom made so that it fits properly and has sufficient drainage. The large swivel action feet of the Shower Insert spread the load evenly over the existing shower tray. The Shower Insert actually put less point loading on the existing Shower tray than a Shower Stool or a Shower Commode Chair or even a large person standing directly on the tray.

Max User : 111 kg (this is the combined weight of the person and either a stool or wheelchair commode)

Cleaning : The Shower insert and ramp can be cleaned with a good quality house hold cleaner which is able to cut through soap and fat. "Shower Power" which is a degreaser cleaning agent readily available in super markets is a suitable cleaner. The ramp can also be disassembled to clean and water blast before reissue.

RAMPS

Will the ramp be safe?

Using the ramp for Shower access only and removing the ramp when showering as per the “Safe User Instructions” will ensure the ramp is always dry and offer the best non slip surface. This also enables the care giver to stand on the level floor as they lean into the shower box when showering the client.

(R.2) - Ramp slope or grade.

Recommended ramp grade for a threshold ramp to a shower is 1:10. (Ref : Building/Compliance-documents/clause-e3. Table 3/ common ramps)

Factors that can have an influence on the ability to use a ramp are :

The weight of the person in the Shower Commode chair. A child or a smaller person is easier to push up a steeper ramp than a larger person

The run up to the ramp can make it easier use the ramp

Shower Commode chairs that have larger wheels are easier to push if the ramp is steeper

Additional non slip ice grip toggles inserted into the ramp surface will give additional slip resistance for the Care Giver. In this case the care giver will need to wear shoes.

Multifit Guarantee

If a Shower Insert is designed by Multifit, we Guarantee that the load (Shower Insert + Commode + User) will put no more weight per square millimeter on the shower tray than that of a 125 kg person using the shower as they normally would. We also Guarantee that if the “ Safe User Instructions “ procedure is followed, that there will not be significantly more water overspray than would normally be experienced during showering. *This Guarantee is conditional upon the following : Bathroom floor covering must be impervious to water (Vinyl or similar) with sealed joints. The existing shower tray and linings must be impervious to water with sealed joints and in good condition. That the Shower Half Curtain is used with all users of the shower.*